

BECOME A ZERO WASTE MASTER IN YOUR KITCHEN

ONLY FOR YOU: ADVICE FROM EXPERT
COOKING/PASTRY STUDENTS

CHALLENGE 1:
Elimination residues
of kitchen: The
decomposition of
food releases
harmful gases and
warms the Earth.

CHALLENGE 2:
Packaging:
Most of waste
comes from
product packaging.

CHALLENGE 3:
Food selection:
The use of certain types of
food contributed to global
warming (for example: beef).



Can we produce food in the
kitchen without waste?

THE PLANET WILL THANK YOU!

WASTE:
Sort empty
packaging
according to
recycling
groups.



PACKAGING:
Use reusable
packaging
(canvas bags,
glass containers,
cardboard
boxes...).

Give
preference to
food without
packaging
(market).



FOOD SELECTION:
Buy locally and in bulk, find
great meatless recipes,
watch out for perishable
food, don't buy bottled
water (if tap water is good).

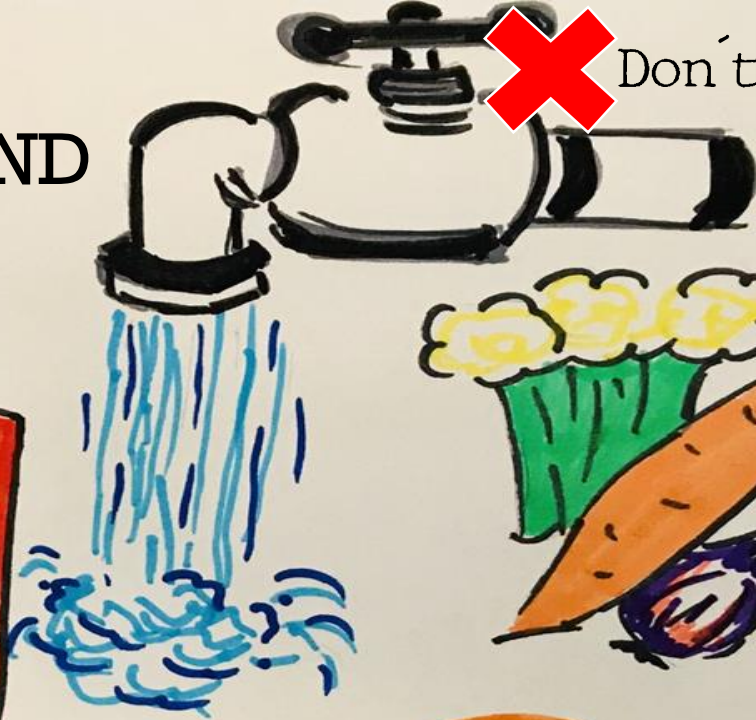


LEARN, CHANGE YOUR HABITS!



Plan! Don't open it unnecessarily!

TRICKS AND TIPS:



Don't leave the tap open!



Vegetable remains (stems, bark, shells are cooked for the base).



Use old bread for breadcrumbs!



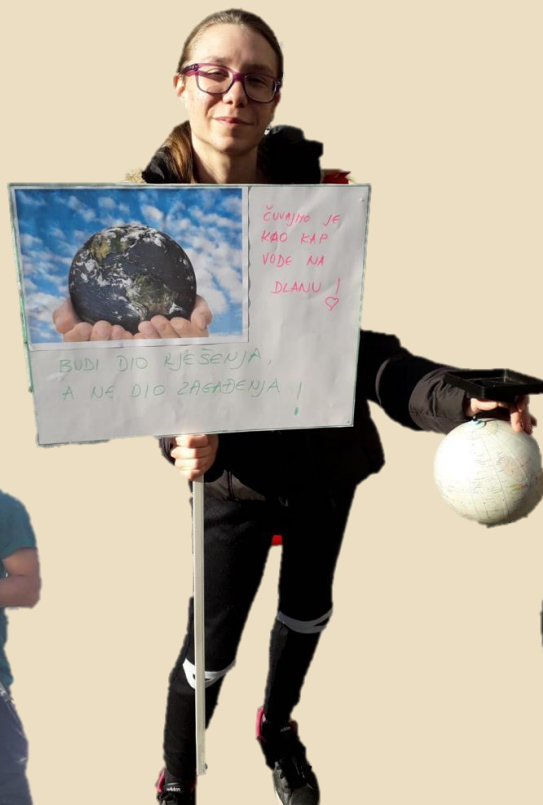
Use orange and lemon peel for cakes!



***Plant a plant in
your backyard,
grow the juiciest
tomato for a
super salad!***

***GET ACTIVE! CALL THE
TEAM!***

***School strike 4 Climate
Croatia***



Zero Waste Song

*The planet is dying, we are guilty of it,
Our goal is to be rich,
Black gold has destroyed us.*

*I have plans for you
Let's start now if
We don't start recycling
The situation will be fatal.*

*Global warming is increasing
And garbage is thrown into the sea
Let's reduce the plastic bags
There will be happiness in the world.*

*So let's not wait any longer
We destroyed the planet, what were we
thinking about?
It used to be nice before, now it's hunger
High temperatures everywhere, I need cold.*



@ <http://centar-sraskaj-zg.skole.hr>

BE ZERO WASTE!



<https://youtu.be/O1aD8dmZXpU>

*Contact us!
Follow us!
Join us!*



*The forests were beautiful until we cut them
down
Now there is no oxygen, we just got burned.*

*There are major floods but no clean water
Australian fires are a very attractive topic
Everyone would like help, in fact they want to
get cheap points
That's why I'm scared
The planet was beautiful, but now it has
become dust.*

*Someone should start with the changes
Garbage from the floor
I hope this is a dream and that it is just a
nightmare.*



ZeroWasteProject2019



Zero Waste Project



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